

Establish your own National Diabetes Prevention Program (National DPP) as part of the Umbrella Hub by working with Quality Insights, Delaware Division of Public Health, and the Health Promotion Counsel. The Umbrella Hub offers NO COST assistance to organizations interested in becoming a National DPP provider.

As a member of the Delaware <u>Umbrella Hub Organization</u> (UHO), your organization will receive administrative, technical, and financial support throughout the process of starting and maintaining your National DPP.

## We offer services tailored to YOUR needs:

- Support in becoming an accredited National DPP
- Financial support for Health Coach training
- Assistance with recruiting participants for the program
- Technical assistance around data entry
- Ability to bill for classes under the Umbrella Hub's contracts with Medicare, Delaware Medicaid, and other payers
- Collaborative environment to learn from other organizations

## **Connect with Quality Insights**

Discover more benefits of partnering with Quality Insights. Contact Danielle Nugent at **302-573-1479** or via email at <a href="mailto:dnugent@qualityinsights.org">dnugent@qualityinsights.org</a>.

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## The Statistics Are Shocking

96 million

American adults have prediabetes.

Source: CDC, 2021

13%

Of Delawareans, approximately 95,000 individuals are living with prediabetes.

Source: DHSS, 2021

>80%

Of people living with prediabetes don't know they have it.

Source: CDC, 2021

58%

Individuals who participate in the National DPP can reduce their risk of developing diabetes by 58%.

Source: CDC, 2021

