Partner with Quality Insights:

The National Cardiovascular Health Program



Areas of Focus:

- Blood Pressure (BP) Control
- Cholesterol Management
- Clinical and Social Support
- Social Determinants of Health
- Team-Based Care

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We offer services tailored to YOUR populations:

- Improve clinical quality measures through accurate reporting.
- Streamline electronic health record systems and office workflows.
- Provide clinician and staff education.
- Identify and address social determinants of health for populations at highest risk.
- Implement and strengthen team-based care.
- Build and enhance community-clinical linkages.
- Promote use of self-measured BP monitoring with clinical support.

Partner with Quality Insights to implement and evaluate evidence-based strategies for preventing and managing cardiovascular disease in disproportionately at-risk populations.

This publication was supported by Cooperative Agreement Number NU58DP007429 from the Centers for Disease Control and Prevention as part of the National Cardiovascular Health Program (CDC-RFA-DP-23-0004). Its contents are solely the responsibility of the authors and do not necessarily represent the official views of the Centers for Disease Control and Prevention. Publication number DEDPH-CV-061025

The Stats in DE

37.8% of DE adults were diagnosed with high BP in 2023, exceeding the national prevalence of 34.0%¹

#1 Heart disease was the leading cause of death in Delaware in 2022.2

7.19/o of adults reported a diagnosis of coronary heart disease (CHD) or heart attack in 2021.³

- 1. America's Health Rankings, High Blood Pressure in Delaware, 2025.
- Centers for Disease Control and Prevention, <u>National Center for Health Statistic</u>, 2024.
- 3. Delaware Health and Social Services, <u>Delaware Prevalence of Select Chronic Diseases and Conditions</u>, 2022.





