

# Charles County Community Asset Profile

## Overview

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Below is a list of state and community-based assets within/near Charles County. While not comprehensive, this can serve as a guide for making linkages aimed at addressing some of the social and structural drivers that are contributing factors to poor health outcomes of some of your patient population living in/near Charles County.

This is a “living, breathing” document that can be modified and expounded upon. To help you learn more about local resources, start by accessing [CHARMcare](#), [Find Help](#) and [MD 211](#).

## Quick Facts

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According to [2025 data](#), there is one mental health provider per 440 people in Charles County. The US average is 290 people per provider, while in Maryland statewide, there is an average of one mental health provider per 250 people.



The average [Walk Score](#) in Charles County is 55 out of 100, meaning some errands can be accomplished on foot.

Access the [2024 Community Health Needs Assessment for Charles County](#)

[Maryland Hunger Map](#)

View the Healthy Food Access interactive map [HERE](#)

Food/Nutrition	Shelter/Housing	Healthcare	Transportation	Training / Education Literacy	Employment / Income
<a href="#">SoMD Community Fridges &amp; Food Access</a> -24/7 Access to Free Food -Multiple Fridge/Pantry Locations 240.528.8850	<a href="#">Angel's Watch Shelter</a> -Family Shelter -Offers Up to 45 Days of Emergency Shelter 301.274.0680	<a href="#">Utopia Health Center</a> -Outpatient Mental Health Clinic -Medication Management 240.448.3006	<a href="#">LifeStyles, Inc.</a> -Transportation to Calvert & Charles County Residents -Must Apply for Services 301-609-9900 x201	<a href="#">Charles County Literacy Council</a> 301.934.6488	<a href="#">Maryland Division of Rehabilitation Services</a> -Employment Services for Persons with Disabilities -Info Available in 7 Languages & Braille 410.554.9442
<a href="#">Charles County Nutrition Program</a> -Congregate Meals -Home Delivered Meals -Nutrition Education & Counseling 301.934.0138/301.870.3388 x5138	<a href="#">Poiema Movement</a> -Supportive Housing -Employment Assistance -Transportation -Serves Women Impacted by Trauma 301.645.1007	<a href="#">Vesta Community Mental Health</a> -Individual/Group Therapy -Telehealth -Medication Management 240.296.6030	<a href="#">Charles County Transportation</a> 301.609.7917	<a href="#">Charles County Public Library System</a> -Language Lab -Digital Literacy -Mobile Library 301.645.1395	<a href="#">Pathways Employment Services</a> -Job Placement Services -Vocational Services 301.373.3065 x310
<a href="#">Star of the Sea Pantry</a> -Every 3 <sup>rd</sup> Saturday, 8A-10A 301.743.9471	<a href="#">Southern MD Tri-County Community Action Committee</a> -Housing & Emergency Services -Energy Assistance 301.274.0637	<a href="#">Pathways Clinic</a> -Mental Health Services -Must Apply for Clinic Services -Medicare & Medicaid Accepted 301.373.3065 x270	<a href="#">Tri-County Council of Southern Maryland</a> -Local Transportation Resources 301.274.1922	<a href="#">Literacy Classes &amp; Tutoring</a> -Free Enrollment 301.546.8350	<a href="#">Southern Maryland Job Source</a> 301-645-8712

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<a href="#">Joe's Place Food Pantry</a> -2 <sup>nd</sup> & 4 <sup>th</sup> Thursday, 4-5:30P -Must Produce ID On First Visit 301.743.7099	<a href="#">Habitat for Humanity</a> -Home Repair Program -Home Ownership Program -Veterans Repairs -Weatherization Program 301.990.0014 x1019	<a href="#">Cornerstone</a> -Psychiatric Program -Crisis Program -Residential Rehabilitation -Case Management 301.932.9146	<a href="#">VanGO</a> -Free Bus System -Connections in Charles, Calvert, PG, & St. Mary's Counties 301.645.0642	<a href="#">Maryland Food Bank</a> -Culinary Training Program 410.737.8282	<a href="#">Dress for Success</a> -Employment Services -Virtual Career Center -Suiting Program -Coaching 202.269.4805
<a href="#">Loretta &amp; Mary's Food Pantry</a> -Free Groceries Every Saturday, 9-11A 301.934.2261	<a href="#">Charles County Housing Programs</a> -Subsidy Program - <a href="#">Rural Housing Initiative &amp; Indoor Plumbing Assistance</a> 301.645.0550	<a href="#">Fortis College Dental Clinic</a> -Discounted Dental Hygiene & X-Rays 301.459.3650 x4150	<a href="#">Southern Maryland Ride Guide</a>	<a href="#">College of Southern Maryland</a> -Low/No-Cost Adult Education 301.934.2251	<a href="#">American Living Organ Donor Fund</a> 215.601.6530
<a href="#">Catholic Charities Food Programs</a> -Catholic Charities Center -Spanish Catholic Center -Southern MD Food Bank 301-274-0695	<a href="#">Neighbors Eager to Serve</a> -Serves Western Charles County Only -Assistance with Rent & Utilities 301.375.8576	<a href="#">Catholic Charities Mona Center</a> -Health Clinic -Dental Clinic -Legal Services 301.615.0950	<a href="#">Free Charity Cars</a> - <a href="#">Vehicle Request Form</a>	<a href="#">Salvation Army</a> -Training Program 301.277.6103	<a href="#">Maryland's American Job Center</a> -Workforce Development & Adult Learning 301.618.8400

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<a href="#">Charles County Food Connection</a> -Directory of Food Pantries	<a href="#">Freedom Landing</a> -Supervised Housing -In-Home Support -Vocational Services -For a Referral to Services: 302.609.5757	<a href="#">Charles County Mental Health Services</a> -Assessment & Evaluation -Substance Use Treatment & Prevention Services -Accepts Medicare & Medicaid 301.609.6700	<a href="#">Vehicles for Change</a> -Access to Vehicles for Maryland Residents -Must Be Referred By a <a href="#">Sponsoring Agency</a> 855.820.7990	<a href="#">Maryland Statewide Interpreters</a>	<a href="#">New Hope Community Outreach Services</a> -Employment Development -Job Counseling -Computer Training 301.843.3887 x802
<a href="#">Community Fridge &amp; Freezer Program</a> -24/7 Access to Emergency Food -See <a href="#">Site</a> for Locations	<a href="#">LifeStyles, Inc.</a> -Safe Nights Program -Homeless Services Program - <a href="#">Transitional Housing</a> 301-609-9900	<a href="#">Great Baden Medical Services</a> -Behavioral Health -Dental Care -Pharmacy 301.888.2233	<a href="#">Uber Health</a> -Non-emergency Transportation	<a href="#">Maryland Relay Call</a> -Free Service for Individuals Who Are Deaf or Hard of Hearing 800.552.7754	<a href="#">PAN Foundation</a> -Financial Assistance for Individuals with Specific Conditions - <a href="#">Check Eligibility</a>
<a href="#">SHARE Food Network</a> -Food Packages -Monthly Packages \$25 for Up to \$50 Worth of Groceries -Grocery <a href="#">Pick-Up Sites</a> 301.864.3115	<a href="#">Rebuilding Together</a> -Home Repair Program 301.392.0202	<a href="#">Health Partners</a> -Primary Care -Dental Care 301.645.3556	<a href="#">Lyft Healthcare</a> -Non-emergency Medical Transportation	<a href="#">Horowitz Center for Health Literacy</a> 301.405.9435	<a href="#">American Kidney Fund Safety Net Program</a> -Grants for Transportation, OTC Medicines, and Co-Pays

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<a href="#">Maryland Food Bank Programs</a> -Mobile Market -Pantry on the Go -SNAP Outreach 410.737.8282	<a href="#">Robert J. Fuller Transitional House</a> -Emergency Transitional Housing for Men -Temporary Housing 301.645.2933	<a href="#">Bridge to Care</a> -Primary Care -Counseling -Patient Navigator Program 202.758.5739	<a href="#">Salvation Army</a> -Transportation 301.277.6103	<a href="#">Gateway Interpreting Services</a> -Sign Language Interpreter Services	<a href="#">Mission of Love Charities</a> -Job Readiness for Persons Transitioning from Homelessness 301.333.4400
<a href="#">Mobile Compassion Center</a> -Assistance with Food, Clothing & Shelter -TH & Sat., 10A-12P 877.737.8567	<a href="#">Maryland Weatherization Assistance Program</a> -Energy-Conservation Assistance to Eligible Homeowners & Winters - <a href="#">Printable Application</a> -Apply By Phone 410.396.3023	<a href="#">La Clínica Del Pueblo</a> -Primary Care -Chronic Disease Management -Mental Health -Telehealth -Substance Use Treatment -2 Hyattsville Locations 202.462.4788		<a href="#">Maryland State Library Agency</a> -Deaf Culture Digital Library -Library for the Blind & Print Disabled 410.230.2424	<a href="#">Salvation Army</a> -Emergency Financial Assistance for Rent, Mortgage & Utilities 301.277.6103
<a href="#">Salvation Army</a> -Emergency Assistance -Food & Financial Assistance 301.277.6103	<a href="#">Charles County Homeless Services &amp; Resource Guide</a> 301.934.9305	<a href="#">MCC Medical Clinic</a> -Primary Care -Telehealth -Dental Services -Vision Care 301.384.2166		<a href="#">CASA de Maryland</a> -Vocational Training for Immigrant Communities with Low-Income -Virtual ESOL Classes -Citizenship Education 240.491.5775	<a href="#">Maryland Workforce Exchange</a> 800.827.4839

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<a href="#">New Hope Community Outreach Services</a> -Food & Housing Resources -Employment Development 301.843.3887 x802	<a href="#">Maryland Housing Rehabilitation Program</a> 301.429.7409	<a href="#">Maryland Family Resource, Inc.</a> -Mental Health Assessment/Eval -Therapy 301.333.2980		<a href="#">Empact Ministries Inc.</a> -Basic Computer Skills Training 240.528.8719	<a href="#">Tri-County Council for Southern Maryland</a> -Workforce Development -Farmer Resources 301.274.1922
<a href="#">Lifestream Food Pantry</a> -Accessible 2 Wednesdays & 1 Saturday, 10A – 12P -Spring Markets, Park, Walk & Shop Event -See <a href="#">Site</a> for Schedule	<a href="#">Senior Rental Assistance Pilot (SRAP)</a> -Financial Rental Assistance to Eligible Persons 65+ -Must Reside in PG County	<a href="#">Community Health Worker Initiative</a> -Free Access to a Community Health Worker -To Access Visit a <a href="#">Location</a> or Contact 301.883.4707		<a href="#">Charles County Mobile Intensive Care Unit</a> -Free Training to Become and Emergency Medical Responder or Technician 301.752.7561	<a href="#">Good Days</a> -Financial Assistance for Eligible Persons 877.968.7233
<a href="#">Senior Farmers' Market Nutrition Program</a> -Must Be 60+ -\$50 Food Vouchers -Valid from June 1- Nov 30 301.934.0138	<a href="#">United Communities Against Poverty</a> -Rent Assistance & Eviction Protection -Supportive Case Management Housing Program 301.322.5700 x120	<a href="#">UM Charles Regional Medical Centers</a> -Community Health Classes -See Schedule		<a href="#">Charles County Professional Learning</a> 301.932.6610	<a href="#">CORE</a> -Financial Assistance to the Family of Food/Beverage Employees When Their Facing a Health Crisis, Injury, Death, or Natural Disaster

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<a href="#">Empact Ministries Inc.</a> -Food Distribution 240.528.8719	<a href="#">VA Homeless Programs</a> -One-Stop Access to Resources for Housing and Mental Health Services -Serves Veterans -Nearest Locations: DC & Baltimore 410.637.3246/ 202.745.3012 x8	<a href="#">Maryland Foundation of Dentistry</a> -Donated Dental Services 410-964-1944		<a href="#">Charles County Free Limited Advice &amp; Court Help Center</a> 301.932.3322	<a href="#">Experience Works, Inc.</a> -Employment Assistance to Adults 55+ -Job Training 866.397.9757
<a href="#">Homestyle Direct</a> -Medically Tailored Meals -Serves Medicaid & Medicare Advantage Members 866.735.0921	<a href="#">Cooling &amp; Warming Centers</a> 301.932.2222	<a href="#">Maryland Oral Health Resource Guide 2026</a>		<a href="#">Universal Class</a> -Career Training -Computer Training -Test Prep	<a href="#">AKF Living Donor Assistance Program</a> -Serves DC-MD-Virginia
<a href="#">Mini Pantry Movement</a> -Map/Directory		<a href="#">Loan Closet</a> -Free DME Loaned Out for 90 Days 301.934.0103		<a href="#">Community Interpreter Services</a> interpreter.services@cccova.org	<a href="#">Veterans Readiness and Employment</a>

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<a href="#">Mom's Meals</a> -Medically Tailored Meals -Home-Delivered Meals -Medicaid/Medicare Advantage Beneficiaries <i>May</i> Receive Free Meals		<a href="#">National Alliance of Mental Illness Southern Maryland</a> -Online Family Support Groups 301-392-7109		<a href="#">United Language Group</a> -Translation Services -Interpreting Services -Localization Services	
<a href="#">Food &amp; Friends</a> -Medically Tailored Meals & Groceries -Nutrition Counseling -Must Have a Qualifying Illness or Status to Be Eligible 202.269.6820		<a href="#">Remote Area Medical</a> -Free Dental, Vision & Medical Care - <a href="#">Schedule</a> 865.579.1530		<a href="#">ClearCaptions</a> -Call Captioning on Landline & Mobile App -Supports Persons Deaf or Hard of Hearing 866.996.1498	
<a href="#">Too Good to Go</a> Free App Linking to Restaurants Selling Meals at Discounted Prices		<a href="#">Champions for Vaccine Education, Equity &amp; Progress</a> -Patient Assistance Program/Access to Free Vaccines -Serves Uninsured/Underinsured			
<a href="#">Flash Food Grocery App</a>		<a href="#">New Eyes Voucher Program</a>			

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		<a href="#">Marcus Alert Database</a> -Voluntary System to Provide Relevant Info & Emergency Contact for Appropriate Response to Crisis <hr/> <a href="#">Project Lifesaver</a> -Alert System for Individuals with Alzheimer's 877.580.5433			