



**Purpose:** To establish fair and non-discriminatory written selection criteria which will be used by the multidisciplinary transplant team when determining a patient's suitability for listing and/or transplantation.

**Policy:**

The following are the general indications for kidney transplantation:

- Creatinine clearance or calculated glomerular filtration rate (GFR) less than or equal to 20 mL/min (may preemptively list for GFR <30 to capture first measured value below 20)
- Chronic dialysis

The following are considered relative contraindications for kidney transplantation. Individually, these may not be absolute contradictions, but are taken into consideration as overall risk:

- History of CVA with residual deficits
- Diabetes with significant end organ damage
- Advanced cardiac disease which may include advanced cardiomyopathy or advanced coronary artery disease (CAD) not amenable to revascularization
- Severe Peripheral vascular disease (PWD) not amenable to revascularization
- Malignant arrhythmias refractory to treatment
- Severe malnutrition or cachexia
- Morbid obesity (BMI>40)
- Severe GI system disturbances which are not amenable to treatment
- Serious active infection not chronically suppressed with treatment
- Recent or active malignancy (safe timeframe determined by types, stage, treatments, and oncology recommendations)
- Pregnancy
- Severe, uncontrollable medical problems which impact non-renal organ function
- Poor functional status as per Karnofsky Score
- Documented medical non-compliance
- Severe, uncontrolled psychiatric disorders
- Inadequate psychosocial support
- Inadequate insurance/ financial resources which would not allow for payment of procedure or follow up care
- Substance abuse which would, in the judgment of the transplant team, impair the patient's ability to comply with their medical regimen or otherwise endanger the kidney allograft, without an adequate period of abstinence or clearance from treatment program
- Any other condition which may be exacerbated by the transplantation process



**References:**

CMS §482.90 Condition of Participation: Patient and Living Donor Selection. Organ Transplant Program Interpretive Guidelines 2019.

**Kidney Signatures**

Signature	Name	Title	Date
	Jose Figueiro, MD	Surgical Director, Kidney and Pancreas Transplant	12-17-24
	Alexander Gilbert, MD	Medical Director, Kidney and Pancreas Transplant	12/16/24
	Toby Conlon, RN	MGTI Clinical Operations Director	12-16-24
	Chelsea Sooy, RN	MGTI Quality Director	1/10/25