

Strategies for Engaging Patients: Medication Reconciliation Activities

Improving patient adherence to bringing medication bottles to dialysis can be both fun and rewarding with the right strategies. Review and consider ways to incorporate these in your activities.

Gamification & Rewards

- **Medication Champion Program** – Patients who consistently bring their bottles can earn badges or be recognized as "Medication Champions."
- **Raffle System** – Each time a patient brings their bottles, they get a ticket for a monthly prize drawing (e.g., gift cards, healthy snacks, or small gadgets).
- **Sticker or Punch Card System** – Patients earn a sticker or punch for every successful medication review, leading to a reward after a set number (e.g., 5 or 10 reviews).

Social & Peer Involvement

- **Patient-Led Encouragement** – Create a "Medication Buddy" system where patients remind each other.
- **Leaderboard or Wall of Fame** – Celebrate those who consistently bring their bottles with a friendly challenge among patients.

Convenience & Reminders

- **Text Message or Call Reminders** – Personalized or automated messages reminding patients to bring their medication bottles.
- **Medication Bag Giveaway** – Provide patients with a dedicated, easy-to-carry bag labeled "Dialysis Med Check" to transport medications.

Fun & Engaging Education

- **Trivia & Challenges** – Host quick medication-related quizzes or fun facts during dialysis sessions, with small incentives for participation.
- **Role Reversal Day** – Let patients quiz staff on medications to make the process more engaging.

Integration with Family & Caregivers

- **Family Involvement Challenge** – Encourage family members to remind or help pack medications, with small incentives for families who participate.
- **Caregiver Appreciation Notes** – Patients who consistently bring their bottles can write a thank-you note to a caregiver, reinforcing the habit.

"Remembering my meds is easy now!"



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